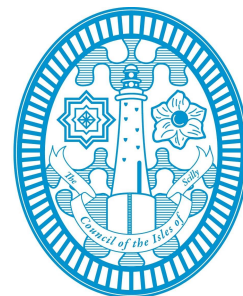


Normandy swimming pool sessions for Summer holidays



Monday 27th July

Open Session 10-12 (free to all 16's and under)

Open Session 2-4 (free to all 16's and under)

Tuesday 28th July

Adults session 11-12 (free to all over 60's)

Water Babies 2-3

Swimming Lessons 2-3 (only available on booking Seahorses)

Open Session 3-5 (free to all 16's and under)

Wednesday 29th July

Open session 10-12 (free to all 16's and under)

Adults session 12-1pm (free to all over 60's)

Water Babies 2-3

Open Session 3-5 (Free to all 16's and under)

Thursday 30th July

Adults session 11-12 noon (free to all over 60's)

Swimming Lessons 2-4 (only available on booking seals)

Friday 31st July

Open Session 10-12 (free to all 16's and under)

Open Session 2-4 (free to all 16's and under)

Saturday 1st August

Open Session 10-12noon (free to all 16's and under)

Open Session 2-4pm (free to all 16's and under)

Sunday 2nd August

Open Session 2-3pm (free to all 16's and under)

Adults session 3-4 (free to all over 60's)

Monday 3rd August

Open Session 11-1 (free to all 16's and under)

Open session 3-5 (free to all 16's and under)

Tuesday 4th August

Adults session 11-12 (free to all over 60's)

Open Session 2-4pm (free to all 16's and under)

Wednesday 5th August

Open Session 10-12

Adults session 12-1pm (free to all over 60's)

Water Babies 2-3

Thursday 6th August

Adults session 11-12 noon (free to all over 60's)

Open Session 2-4pm (free to all 16's and under)

Friday 7th August

Open Session 10-12 (free to all 16's and under)

Saturday 8th August

Open Session 10-12noon (free to all 16's and under)

Open Session 2-4pm (free to all 16's and under)

Sunday 9th August

Open Session 2-3pm (free to all 16's and under)

Adults session 3-4 (free to all over 60's)



Monday 10th August
Open Session 10-12 (free to all 16's and under)
Open session 2-4 (free to all 16's and under)

Tuesday 11th August
Adults session 11-12 (free to all over 60's)
Open session 1-3 (free to all 16's and under)

Wednesday 12th August
Flow swim lessons 10-12 only on prior booking
Adults session 12-1pm (free to all over 60's)
Flow swim lessons 1-4.30 only on prior booking

Thursday 13th August
Adults session 11-12 noon (free to all over 60's)
Flow Swim lessons 12-4 only on prior booking
Open Session 4-6 (Free to all 16's and under)

Friday 14th August
Flow swim lessons 10-4 only on prior booking
Open Session 4-6pm (free to all 16's and under)

Saturday 15th August
Open Session 2-4pm (free to all 16's and under)

Sunday 16th August
Open Session 2-3pm (free to all 16's and under)
Adults session 3-4 (free to all over 60's)

Monday 17th August
Open Session 10-12 (free to all 16's and under)

Tuesday 18th August
Adults session 11-12 (free to all over 60's)
Open Session 2-4 (free to all 16's and under)

Wednesday 19th August
Open session 10-12 (free to all 16's and under)
Adults session 12-1pm (free to all over 60's)
Water Babies 2-3

Thursday 20th August
Adults session 11-12pm (free to all over 60's)

Friday 21st August
Open Session 10-12 (free to all 16's and under)
Open Session 2-4 (free to all 16's and under)

Saturday 22nd August
Open Session 10-12noon (free to all 16's and under)
Open Session 2-4pm (free to all 16's and under)

Sunday 23rd August
Open Session 2-3pm (free to all 16's and under)
Adults session 3-4 (free to all over 60's)

Monday 24th August
Open Session 10-12 (free to all 16's and under)
Open Session 2-4 (free to all 16's and under)
Tuesday 25th August
Open Session 9-11 (free to all 16's and under)
Adults Session 11-12 (free to all over 60's)
Open Session 2-4 (free to all 16's and under)





Wednesday 26th August

Open session 10-12 (free to all 16's and under)

Adults Session 12-1 (free to all over 60's)

Water Babies 2-3

Open Session 3-5 (free to all 16's and under)

Thursday 27th August

Adults Session 11-12 (free to all over 60's)

Open session 2-4 (free to all 16's and under)

Friday 28th August

Open Session 10-12 (free to all 16's and under)

Open session 2-4 (free to all 16's and under)

Saturday 29th August

Open session 2-4 (free to all 16's and under)

Sunday 20th August

Open Session 2-3pm (free to all 16's and under)

Adults session 3-4 (free to all over 60's)

Monday 31st September

Open Session 10-12 (free to all 16's and under)

Open Session 2-4 (free to all 16's and under)

Tuesday 1st September

Adults Session 11-12 (free to all over 60's)

Open Session 2-4 (free to all 16's and under)

Back to School!