

Wild Food, Wild Medicine

Spring Forage Walk



Join Local Medical Herbalist, Linda Moran MNIMH on an herb walk looking at a diverse range of wild medicinal and edible plants on the Isles of Scilly. Learn about the folklore surrounding these plants and their historical and modern uses, whilst also meeting some of the deadliest plants in the British Isles.

This course offers a practical exploration of some common wild edible and medicinal plants. We will also cover issues around safety, sustainable harvesting, and legal issues when foraging.

Walk 1- St Marys

Saturday 18th May 2024

1pm- 4.30pm

Meet at the Carn Gwaval Wellbeing Centre

£17.50pp

Walk 2- St Agnes

Saturday 19th May 2024

10am- 2.30pm (approx)

Meet on St Marys Quay or on St Agnes

£17.50pp (Boat ticket not included)

For further information or to to book your place, please email learnscilly@scilly.gov.uk or call 01720 424444