

# How to access a coronavirus test on the Isles of Scilly

If you develop COVID-19 symptoms, do not ignore or try to hide your symptoms. It is important you act quickly to help yourself and protect those around you. It is your responsibility to stay safe and keep others safe.

## COVID-19 symptoms are:

- **A new, continuous cough**
- **High temperature**
- **A loss or change to your sense of smell or taste**

## If you feel unwell and experience any COVID-19 symptoms you must:

- **Stay indoors and self-isolate**
- **Arrange for a test**

Do not ignore your symptoms: self-isolating and getting tested quickly is the best way that you can stay safe and protect others.

If you need medical advice while you wait for your test result, please contact your GP or call 111.

If you live with others, they must also self-isolate and take appropriate action based on your test result.

## How do I book a test?

Call the Testing Helpline (Mon- Sun 8am to 5pm)

**01626 204950**

Or

Email: [d-ccg.devoncovid19testing@nhs.net](mailto:d-ccg.devoncovid19testing@nhs.net)

**You do not need to book a test through the Government website. Test results are issued by text or email**

## Do I need to travel to get tested?

No, the Isles of Scilly has an enhanced community testing scheme so there is no need to travel to a mobile testing centre nor order a test through the post.

### **A test will be brought to your door.**

Tests will either be self-administered or conducted by a dedicated Testing Co-ordinator. This service applies to all islands and can be accessed by both residents and visitors. These details will be listed on the government testing webpages.

## When will I get the test result?

Tests will be collected and sent to Truro for analysis as rapidly as possible and results provided to you by phone or email – we aim to have results back within 48 hours.

## What should I do whilst I'm waiting for my test result?

You and your household must self-isolate in your home. Results should be provided within 48 hours and we are currently trying to reduce this time no matter which island you are on.

## Who to contact if you're unwell?

- **If you are ill and need medical advice, call 111 or your GP**
- **In the event of a medical emergency, call 999**