

'Get Active' days with the Active Scilly team

**ACTIVE
SCILLY**



Council of the
ISLES OF SCILLY

Come and join us for a range of fun activities at Normandy pool, Carn Gwaval, on the beach, and elsewhere this summer holidays!

On this, the first day of our summer holiday programme, we will be getting SUP/kayak tuition from the team at the Sailing Centre/Board Scilly in the morning. We'll then have lunch on the beach, before heading back to Carn Gwaval for an afternoon of multi-sports and fun games on the field or in the Sports Hall (depending on the weather) .

You will need to bring a wetsuit (if you have one—if not this can be supplied), swimmers and towel for the morning session.

You'll also need to be wearing comfortable clothes & shoes for sports in the afternoon. Please bring a packed lunch, sun cream, sun hat, drinks bottle and snacks.

When: Tues 31st July

Time: 09.45-15.30

Where: Drop off and collection at the Sports Hall, Carn Gwaval.

Cost: Active Scilly members: £34

Non-members: £37.

Ages: 8-13 years.

Off-Islands Access Funding: available



Places are limited—booking is essential.

All bookings to be made via the Sports Hall, 01720 424405