

'Get Active' days with the Active Scilly team

**ACTIVE
SCILLY**



Council of the
ISLES OF SCILLY

Come and join us for a range of fun activities at Normandy pool, Carn Gwaval, on the beach, and elsewhere this summer holidays!

On each of these full days we will be 'getting active' in lots of imaginative ways—most of it won't be playing traditional 'sports'.

All out-and-about activities are weather permitting, but our plan for these days is as follows:

Tues 31st July—see separate poster for this date.

Weds 1st Aug—A treasure hunt/walk in the Old Town area in the morning, followed by a fun pool session.

Thurs 2nd—see separate poster for this date.

Weds 15th—We'll start with a fun pool session, then walk back via Carreg Dhu gardens for games... and cake!

You'll need to wear comfortable clothes & shoes for walking/sports, and bring a your swimming things (costume, goggles, towel), packed lunch, sun cream, sun hat, drinks bottle and snacks.

When: **Weds 1st August & Weds 15th August.**

Time: 10.00-15.30

Where: Drop off and collection at the **Sports Hall, Carn Gwaval.**

Cost: AS members £27 / non-members £32 (per day).

Ages: 8-13 years.

Off-Islands Access Funding: available



Places are limited—booking is essential.

All bookings to be made via the Sports Hall, 01720 424405