

Friday, 1 October 2021

## Garden Studio - Covering Letter

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### Supporting documents - detailed description

We would like to build a modest yoga studio in the garden of The Biggal & Mincarolo in order to have a fully kitted-out, fit-for-purpose space to offer yoga & mindfulness meditation throughout the year, with the possibility of also renting the space out for similar uses e.g. pilates. I've been teaching since my training in 2013, however in April-October I am only able to teach a few hours per week (maximum) due to lack of suitable spaces available.

The design of the studio nestles beneath the rocks of Carn Thomas overlooking the harbour, using natural materials to blend in with the landscape and to feel in harmony with nature. It is a sympathetically designed building with minimal/positive impact on the existing site.

We want to create a light building that feels inviting and calming. The design has glass doors that can be opened on still days in summertime maximising light and fresh air. The sounds of the wind and the sea bring a strong sense of identity and belonging. In wintertime the studio would feel cosy and atmospheric with the stunning winter light and views across an empty harbour. Glimpses of the garden also enhance the feeling of being immersed in nature. Available to visitors as well as the local community year-round, the situation and design of the studio combine to create a space of ease, surrounded by nature and promoting health and wellbeing.

The proposed studio is on the site of a redundant 35-year old garden shed in an area of the garden that is seldom in use.

We propose creating on-foot access to the studio from a wider section of the prom to avoid already-shared access through the neighbouring properties (there would be minimal footfall as the studio would take a maximum of twelve people for yoga classes).

The design also takes into account the challenge of access to the site in order that we would be able to construct the studio without road access.

Groundworks would be as minimally impactful as possible, involving the smallest amount of digging to create footings/pads on which to support the timber frame.